



PLAN FOR THE PRESENTATION OF PREVENTIVE MEASURES (actions/activities) Resilience (the plan must not be longer than 3-4 pages of A4 format)	
School, address	Vilnius Abraomas Kulvietis Classical Gymnasium Gedvydžių str. 8, LT- 06306, Vilnius
Title of the preventive activity	Improvement of interaction between pupils, their parents (guardians, carers) and teachers in order to make teenagers more resilient to risk factors
Aim of the preventive activity	To strive for better mutual understanding and cooperation between pupils, their parents (guardians, carers) and teachers, so that the moral values, positive behaviour and future goals of teenagers would help them resist various risk factors.
Main recipient of the carried out activities (teachers, parents, pupils, non-school employees, local community)	Pupils, teachers, parents (guardians, carers)
Detailed description of the preventive measures Description of the preventive actions (action schedule form or descriptive form)	<p>The problems of three gymnasium community groups determined during a survey</p> <ul style="list-style-type: none"> • pupils: lack of extracurricular activities; lack of sufficiently close relationships with teachers; hiding the truth about oneself or one's friends from parents; using explicit language; excessive interest in sexual resources online; dissemination of derogatory comments and other material online; skipping classes/school; smoking; eating disorders; • teachers: dissatisfaction of pupils with extracurricular activities; inability of pupils to open up to their parents; abuse of explicit language; the negative effect of insufficient pupil motivation to learn on their achievements; • parents: insufficient extracurricular activities for children; smoking among teenagers; explicit language among pupils; tendency to hide the truth from parents; children's lack of motivation to learn; depressive moods in children, extreme emotional reactions in stressful situations and low self-esteem, encourage to carry out preventive activities in the following directions:

	<ul style="list-style-type: none"> • supply of extracurricular activities that meets the needs of pupils (based on research); • greater involvement of pupils' parents in the activities of the gymnasium community (celebrations, projects, trips, educational activities); • educational measures on the moral and ethical values in online communication, and the criterion for choosing internet content (based on module 3 of the "Resilience" measure "On the other side of the web – "seducing" and "sexting" – a dangerous behaviour among young people" ; • searching for, testing and establishing new forms of communication and cooperation between pupils and teachers.
Evaluation	<p>The success of the project is testified by:</p> <ul style="list-style-type: none"> • participation of two classes of eighth grade pupils, teachers and up to 30 percent of parents in preventive activities; • changes in the results of qualitative and quantitative project participant research; • project participant success stories and new initiatives; • interest in project activities and results within the gymnasium community.
<p>What are we doing right? (strongest current aspects of the preventive activities)</p> <p>What have we done during the implementation of the preventive actions?</p>	<p>The gymnasium community creates and promotes traditions helping pupils develop positive values, as well as strong morals and spirituality: through annual educational events during national holidays, Christmas charity campaign for Antazavè Foster Home, Christmas mystery play for the school community, European week of languages, week of Latin and Ancient Greek languages with students and lecturers of the Department of Classical Philology under the VU Faculty of Philology, decade of the culture of antiquity, "Būreliū mugė", Family Fiesta, Fabijoniškės neighbourhood community festival, other events that form and promote traditions, meetings with prominent figures of the country's society and culture, as well as interactive activities with artists and scientists. Results of the survey show that such target activities develop the feelings of unity and dependence within the community, provide pupils with reference values, as well as develop communication and cooperation skills.</p> <p>The entire gymnasium community is participating in the bullying and abuse prevention programme OLWEUS. The environment of the gymnasium is reorganized to reduce bullying and improve relationships among children (by organizing adult supervision and forming a monitoring schedule). Proper and solid boundaries of unacceptable behaviour were determined: by holding class meetings and establishing rules of conduct for classes and the gymnasium.</p>

	<p>Survey results show that 86.54 % of pupils feel safe in school and 90.38 % of pupils are satisfied with the quality of communication with their friends.</p> <p>In 2017, the gymnasium implemented a programme for the prevention of the use of psychoactive substances "Savu Keliu" ("On My Own Path"). Survey results show that the attitudes of 96.08% of pupils are positive in terms of the use of drugs and other psychotropic substances, and that such behaviour is not typical for 92.31 % of pupils. Lectures on the effects of psychoactive substances and the prevention of risky behaviour among teenagers are organized for the parents of pupils participating in the project.</p> <p>The classical education direction of the gymnasium encourages the community to create a new organization culture based on common positive values. The survey has revealed that the attitudes of pupils, their parents, and teachers are similar, while the objectives of education inspire active work.</p>
<p>Planned continuity of preventive measures</p>	<p>Include all parallel I gymnasium classes into the activities of the project.</p>