



Description of "Resilience" preventive programme	
<b>School, address</b>	<b>Vilnius Antakalnis Progymnasium, Antakalnio str. 33, LT-10312 Vilnius</b>
<b>Activities</b>	<b>Municipal school</b>
<b>Aim of the activities</b>	<b>To identify and develop the strong competencies of the progymnasium which would fill in and expand its missing areas</b>
<b>Main recipient of services</b>	<b>Pupils (as well as parents, teachers, administrative staff and the local community)</b>
<b>Description of the carried out preventive activities (schedule form, executive or descriptive plan)</b>	<p>Beginning of the "Resilience" preventive programme — analysis of the current situation performed by progymnasium pupils, their parents and teachers.</p> <p>Most of the pupils are satisfied with their school, safety among friends, extracurricular activities and their free time. However, only 53% of pupils are satisfied with the behaviour of teachers towards them. Half of the pupils believe that hiding the truth from parents is justifiable. Only half of the pupils believe that it is wrong to use explicit language.</p> <p>Around 60% of parents are satisfied with the level of education and the way it is provided for their children in school, as well as with the safety of their children among their peers and with the relationships of children with their teachers. The parents of pupils are least happy with the satisfaction of children with extracurricular activities and with the possibility for their children to cultivate their hobbies. Half of all the parents believe that schoolchildren violate the public order and 83% of parents think that pupils smoke cigarettes and sometimes hide the truth from their parents. As many as 3 quarters of all parents are not sure whether children do not return home at night without the consent of their parents. 64% of parents believe that schoolchildren skip classes or do not attend school at all. Only one in seven</p>

	<p>parents are sure that pupils do not shoplift, use drugs, use new chemical mixtures and do not abuse medications. And only 7% of parents are sure that schoolchildren do not smoke electronic cigarettes.</p> <p>Half of the teachers believe that pupils are not satisfied with the level of knowledge and the way it is provided, with the environment of the residential area, extracurricular activities, communication with teachers and with the possibility to cultivate their hobbies. Almost all of the teachers think that their pupils have learning difficulties due to failure to study. According to the teachers, pupils spend their free time by engaging in youthful activities (listening to music popular among youth, participating in sports, playing computer games, browsing the internet and meeting up with friends).</p>
<p><b>Evaluation</b></p>	<p>The current situation is determined by a self-assessment group that prepares and approves activity reports after surveying project participants orally and in writing, and discussing preliminary results with other members of the "Resilience" programme.</p>
<p><b>What are we doing right?</b></p> <p><b>What have we done during the implementation of the "Resilience" preventive programme?</b></p>	<p>An analysis of the opinions of pupils, their parents and teachers reveals both the strong and the weak competencies which must be known, relied upon or strengthened. It is important to learn about the highly valued opportunity to cultivate the hobbies and interests of pupils, high safety among peers in school, as well as the poor opinions of pupils on their progymnasium, extracurricular activities and relationships with teachers.</p> <p>Progymnasium teachers and other school personnel (managers, social workers, speech therapists, psychologists) talk regularly with pupils during class meetings and carry out other described actions on subjects recommended by the "Resilience" programme.</p>
<p><b>What have we done so far</b></p>	<p>To implement the "Resilience" programme, it is also</p>

<p><b>in the "Resilience" preventive programme?</b></p> <p><b>What do we still lack?</b></p>	<p>necessary to see the context of programmes that have been carried out or are being currently carried out: Vilnius Antakalnis Progymnasium is actively participating in most of the preventive programmes recommended by the Ministry of Education and Science of the Republic of Lithuania. "Apple Friends" (2nd-4th grades), "Second Step" (1st-4th grades), LIONS QUEST "Crossroads of Adolescence" (5th-8th grades), STEP (programme for the improvement of positive parenting skills of parents), "PPP Club", "Creative Connections" project, etc.</p> <p>However, there is still lack of maximum focus of all the progymnasium employees, awareness of objectives of the programme, adoption of measures and lack of giving top priority to this "Resilience" preventive programme. Therefore, most pupils, their parents and teachers should know about and prevent the harmful behaviour of growing schoolchildren, as well as the methods of the effects and influences of the surrounding environment.</p>
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