



| DIAGRAM OF DESCRIPTION of preventive action Resilience <i>OPIS działania zapobiegawczego Odporność</i> (the report is to be no longer than 3-4 A4 page) <i>(raport nie powinien być dłuższy niż 3-4 strony A4)</i> | |
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| School, address <i>Adres szkoły</i> | Szkoła Podstawowa nr 28 im. A. Szewczyka w Rybniku. 44-213 Rybnik ul. Szewczyka 6 |
| Title of the activity <i>Nazwa/tytuł działania</i> | Resilience, early prevention program against the behaviour of risky children and adolescents |
| The goal of the activities <i>Cel działania</i> | <ol style="list-style-type: none">1. Strengthening the feeling of self-value and personal culture among pupils as a factor that protects against risky behaviour2. Development of pupils 'Interests as an alternative for excessive use of electronic gadgets |
| The main recipient of undertaken activities (students, parents, teachers, non-school staff, local community) <i>Główny odbiorca podjętych działań (studenci, rodzice, nauczyciele, personel pozaszkolny, społeczność lokalna)</i> | <ul style="list-style-type: none">• Pupils in class 7a• Pupils parents• Teachers |
| Description of preventive actions taken (form of the schedule / implementation plan or descriptive) <i>Opis podjętych działań zapobiegawczych (forma harmonogramu / planu wdrożenia lub opisowa)</i> | Plan of Action – Attached |
| Evaluation <i>Ewaluacja</i> | Survey questionnaire |

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| <p>What are we doing well? <i>Co robimy dobrze?</i></p> <p>What we did by implementing preventive actions Resilience ? <i>Co zrobiliśmy, wdrażając działania profilaktyczne Resilience?</i></p> | <ul style="list-style-type: none"> • The pupils participated in the „Cyberspace” educational performance, prepared a newsletter encouraging safe use of the computer and modern technologies • The pupils conducted interviews with teachers about ways of spending free time as an alternative to computer and modern technologies • Pupils get involved in activities for other people – volunteering. They develop their interests and work for their own development through participation in extracurricular activities |
| <p>What we are still working on in prevention Resilience? <i>Nad czym wciąż pracujemy w zakresie budowania odporności?</i></p> <p>What do we need more? <i>Czego potrzebujemy więcej?</i></p> | <ul style="list-style-type: none"> • We will implement planned activities in accordance with the schedule • Volunteering, developing interest and passions as an alternative to risky behaviour |

The programme was implement in the group of 50 pupils.