



PREVENTIVE ACTIVITY PLAN Resilience (the plan must not be longer than 3-4 pages of A4 format)	
School, address	Vilnius Žygimantas Augustas Basic School Šeškinės str. 25, Vilnius
Title of the preventive activity	Sexting – we can identify and stop it in time
Aim of the preventive activity	<p><u>Strengths determined during the research:</u></p> <ul style="list-style-type: none"> -All of the groups that participated in the survey (parents, teachers, pupils) indicate that they trust the school and their living environment; - Pupils know and recognize various norms of behaviour (subculture, theft, causing intentional damage), as well as follow positive values; - Pupils value interpersonal relationships with family members and friends more than material values; - Both parents (66%) and other family members are important for pupils; <p><u>Weaknesses determined during the research:</u></p> <ul style="list-style-type: none"> - Pupils indicate that sending/uploading sexually explicit photos without the consent of their owner (sexting) is an extremely common phenomenon (82%), whereas teachers and parents believe that this is not a relevant problem (around 5%); - Pupils tend to hide their experiences and are not honest with adults; - They indicate the harmful influence and behaviour of friends/environment, but evaluate their own behaviour as only positive. <p>Objectives: Awareness, staying safe/resilience, respectful relationships, sincerity</p>

Main recipient of the carried out activities (teachers, parents, pupils, non-school employees, local community)	7th grade pupils, their parents and teachers
Detailed description of the preventive measures	<p><u>For pupils:</u> Event in the beginning of June (sexuality and family planning awareness); Improvement of self-esteem; Introduction of other methods of response to negative emotions; Ways of expressing feelings and emotions – verbal and non-verbal communication; Role-playing; Secure use of the Internet and smart devices.</p> <p><u>For parents:</u> Target information; consultations; leaflet/letters;</p> <p><u>For teachers:</u> Presentation of resilience questionnaire data to 7th grade teachers and mentors;</p>
Evaluation	Planned evaluation of measures - end of June. Pupil behaviour analysis/observation Questionnaires at the end of the event (by hand) Interest/reactions
What are we doing right? (strongest current aspects of the preventive activities)	Dissemination of information among parents and teachers; Possibility for pupils to develop their hobbies/interests in school; Through the way knowledge is presented and its level in school.
Planned continuity of preventive measures	Positive communication skills group for 7th-8th graders as of 2018-2019 school year; Target lectures on respectful mutual relationships during class meetings - for small groups of pupils (up to 15 pupils) according to the Resilience handbook methodology (modules 2-4).